

REGION	DIAPER DISTRIBUTION SITE	PROCESS AND QUALIFICATIONS	PHONE NUMBER
DIEGO	Give San Diego 7710 Balboa Avenue, Suite 208 C, San Diego, CA 92111	For latest information on diaper distributions please follow our Facebook & Instagram page: @givesandiego	858-247-3033
	Project Access Inc. 690 Beardsley St., Suite #100, San Diego, CA 92113	Available for residents for Project Access Sites. Call to start the assessment process by phone. Sizes and quantities are limited to availability.	858-381-0042
	38th Street Church of Christ Church Annex 3805 Hemlock St., San Diego, CA 92113	Diapers available by appointment only. Please wear a mask or face covering when picking up for safety reasons.	619-347-1495
	Step Forward 2772 Fourth Ave., 2nd floor, San Diego, CA 92103	MUST be a CalWORKs recipient and part of the Step Forward program to access diaper services. Call to confirm size and quantity availability.	619-295-6067
SAN	St. Vincent De Paul at St. Gabriel's Church 13734 Twin Peaks Rd., Poway, CA 92064	**Temporarily on hold due to COVID-19** Second Sunday of every month from 3pm-4pm, except the months of Easter, Thanksgiving, and Christmas.	858-748-5348
CENTRAL SAN DIEGO	Armed Services YMCA San Diego 3293 Santo Rd., San Diego, CA 92124	Twice monthly on Mondays, please call 858-751-5755 for details.	858-751-5755
	Birthline Clairemont 3660 Clairemont Dr., Suite 4, San Diego, CA 92117	Monday and Wednesday, 10 a.m. – 2 p.m. (subject to change). Please check online at www.birthlineofsd.org for the most up-to-date info.	858-270-2491
	San Diego Food Bank 9850 Distribution Ave., San Diego, CA 92121	Call to schedule an appointment for diapers and food. This is a one-time only food/diaper assistance site.	858-527-1419
	Salvation Army KROC Center 6845 University Ave., San Diego, CA 92115	Open to residents within service area (La Mesa, Lemon Grove, College Area, Del Cerro, City Heights). Please visit www.sd.kroccenter.org for forms and requirements, and bring them to the dropbox for contactless screening and approval.	619-269-1430
	Sharia's Closet 6244 El Cajon Blvd., #5, San Diego, CA 92115	Please fill out the online request form here: https://docs.google.com/forms/d/e/1FAlpQLSdFaa1WZkEpX2Fuki2VBbP2Er1PALIM-84pl0UbJ13IX4D_ww/viewform	619-808-4979
	Jewish Family Service of San Diego 8804 Balboa Ave., San Diego, CA 92123	Please call 858-637-3027 to schedule a no touch diaper appointment.	858-637-3210
	<i>Miracle Babies</i> 8745 Aero Dr., Ste. 308, San Diego, CA 92123	Monday – Friday 10am-2pm, please call ahead to schedule a pick up.	858-633-8540



	Union of Pan Asian Communities 5296 University Ave. Ste. A, San Diego, CA 92105	Wednesday 12pm-3pm, no appointment required, limited to one visit per month.	(619)232-6454
	Partnership for a Better San Diego (Labor Council) 4265 Fairmount Ave., San Diego, CA 92105	Tue-Fri, 10am-4pm by appointment only, no ID required. Call 619-321-6851 and leave a message to schedule.	619-321-6851
	Good Shepherd Ministry Center/Little Lambs Diaper Program 772 S. Johnson Ave., El Cajon, CA 92020	Saturday 9 a.m. – 11 a.m. Call for diaper size availability. No appointment required, diapers provided to children under 4 years.	619-442-9491
	San Diego Military Outreach Ministries 4426 Harbinson Ave., La Mesa CA 91942	Email at Office@SanDiegoMom.org to start the assessment process. Sizes and quantities are limited to availability.	619-461-4164
	Journey Community Church 8363 Center Dr., La Mesa, CA 91942	Third Saturday of the month from 8:00 a.m. to 10:00 a.m. No Appointment required.	619-464-4544
EAST COUNTY	Heaven's Windows 2820Via Orange Way, Ste. W, Spring Valley, CA 91978	Distribution by appointment only, call for appointment.	619-303-7806
	Julian Pathway's, Inc. 1704 Cape Horn, Julian, CA 92036	Monday through Friday from 9 a.m. – 3 p.m., call ahead to check availability.	760-765-0661 x6
	<i>Ministerio Tiempo Nuevo</i> 8179 Broadway, Lemon Grove, CA 91945	Monday through Friday, by appointment only. Please call for appointment.	619-765-9454
	Stepping Higher Inc. 9923 Campo Rd., Suite A. Spring Valley, CA 91945	Thursday, from 9:00 a.m. to 2 p.m. No appointment necessary, but call for size and quantity availability. No more than 1 package per child, or 3 packages per household per month. Parent signature required. Children's birth record or other birth documentation required. Please call for more information regarding evening pickups.	619-825-3930
	Salvation Army East County Red Shield Community Center (formerly Salvation Army El Cajon) 1011 E. Main St., El Cajon, CA 92021	Monday and Wednesday 1pm-4pm, Friday 1pm-6pm. Must show I.D. for all family members, children under 4 only, limited to once per month per child.	619-440-4683
	Faith Mountain Pentecostal 12443 Woodside Ave., Lakeside, CA 92040	Diapers available during food distribution, Sunday at 1pm and Tuesday at 9pm	619-938-1070
	Hearts and Hands Working Together 2020 Alaquinas Dr., San Ysidro, CA 92173	**Temporarily on hold due to COVID-19** Second Tuesday of the month from 8:00 a.m. to 12:00 p.m. In the Our Lady of Mount Carmel parking lot. Sizes and quantities are limited to availability.	619-662-7592
	USO San Diego	Must have valid active duty or dependent military I.D. Diapers are distributed the 1 st and 3rd Friday of the month from 12pm-2pm. For	619-235-6503



SOUTH BAY	2790 Truxtun Rd., Suite 110, San Diego, CA 92106	more details, please follow us on social media: @usosandiego or call: (619)235-6503	
	Latter Rain Mission & Training Center 750 13th St., Suite A-1, Imperial Beach, CA 91932	Call to start the assessment process and for appointments. Sizes and quantities are limited.	619-575-8010
	Birthline of San Diego, Chula Vista 1220 3rd Ave., Suite 1, Chula Vista, CA 91911	Monday and Wednesday, 10 a.m. – 12 p.m. (subject to change). Please check online at www.birthlineofsd.org for the most up-to-date info.	619-425-5012
	Operation Promise 630 Corte Maria Ave., Chula Vista, CA 91910	Mondays from 1:00 p.m. to 5:00 p.m. Call for diaper size and availability.	619-381-6717
	Food Pantry at Chollas View Church 904 47th St., San Diego, CA 92102	Every 1st Saturday from 10am-12pm and every 3rd Friday from 11am-2pm.	858-663-0471
	Logan Temple AME Zion Church 302 S 32nd St., San Diego, CA 92113	Every Saturday from 10 a.m. – 12 p.m. for food and diapers.	619-233-8780 757-802-0925
	Urban Refuge 4070 Bonita Rd., Bonita, CA 91902	Second Sunday of the month (first Sunday in April & May) from 4 p.m. to 6 p.m.	619-721-3790
	Islamic Foundation of San Diego 3872 50th St., San Diego, CA 92105	Temporarily closed due to statewide stay-at-home order.	619-571-2988
	St. Paul United Methodist Church 3094 L St., San Diego, CA 92102	Thursdays from 12 p.m. to 1:30 p.m. **MASKS/FACIAL COVERING REQUIRED**	619-232-5683
	St. Paul's PACE 630 L St., Chula Vista, CA 91911	Beginning Fri, June 5 th , diaper distributions will be every Friday from 4:30pm-6:30pm at 1139 3 rd Ave, Chula Vista, CA 91911 at the VM Mechanic Shop.	619-271-7100 Ext.1036
	Project 1:1 560 Palomar St., Chula Vista, CA 91911	3rd Thursday of the month, call for more information	619-777-6723
	San Ysidro Health Centers WIC Offices	Call to make an appointment for San Ysidro Health WIC services and to pick up diapers.	888-942-7942
	Father Joe's Village 3350 E Street, San Diego, CA 92102	Monday, Thursday, and Friday, 12pm-2pm	619-233-9500
	South Bay Food Pantry 970 Broadway St., Chula Vista, CA 91911	Every Sunday 8:15am-9:15am. Call (619) 271-5017 for diaper size availability. No appointment, identification, or proof of income are required.	(619)271-5017





Breath of Life Ministries, Grace Vineyard Church 102 N. Freeman St., Oceanside, CA 92054	Wednesdays from 6 p.m. – 8 p.m., by appointment only. Please call for more information.	760-847-8666
Fallbrook Spanish 7th Day Adventist 439 Iowa St., Fallbrook, CA 92028	First Wednesday of every month from 6 p.m. – 7 p.m.	760-468-4783
MAAC Project Vista 956 Vale Terrace Dr., Vista, CA 92084	First Wednesday from 9 a.m. – 12 p.m. Third Wednesday from 3 p.m. – 6 p.m.	760-471-4210
North County Lifeline 200 Michigan Ave., Vista, CA 92084	Open to current clients only. Call to inquire about program eligibility.	760-726-4900
Vista Community Clinic 1000 Vale Terrace Drive, Vista, CA 92084	Call 760-631-5000 x7014 and leave a message. Your call will be returned in the order it was received.	760-631-5000 x7014
Vista Community Clinic - Durian 105 Durian St., Suite A, Vista, CA 92083	VCC Pediatric Patients only. Diapers distributed during scheduled appointments. Supplies limited.	760-631-5000
VCC Dad's Club 465 La Tortuga Drive, Vista CA 92081	Diapers distributed to enrolled Parent & Child Health Department program participants only.	760-631-5000 x7181
San Marcos 7 th Day Adventist Church 363 Woodland Pkwy., San Marcos, CA 92069	First and third Tuesday from 4 p.m. – 6 p.m.	760-690-7780
Summit Church 292 East Barham Dr., #202, San Marcos, CA 92078	Tuesdays, Wednesdays, & Thursdays from 11 a.m. – 1 p.m.	760-471-6267
Anita & Stan Maag Food & Nutrition Center 1140 W Mission Rd, San Marcos, CA 92069	Temporarily closed due to statewide stay-at-home order.	760-744-1150 x7540
Mission San Luis Rey Parish, Loretto House Food Pantry 4070 Mission Ave., Oceanside, CA 92057	Tuesdays through Saturdays from 8 a.m. – 4 p.m. Call 760-547-0708 or email angel@sanluisreyparish.org for diaper size and availability.	760-547-0708
Ramona Food & Clothes Closet 773 Main St., Ramona, CA 92065	Monday to Friday 9:30 a.m. to 12:30 p.m. and 2:30 p.m. to 4:00 p.m. No appointment required.	760-789-4458
Rock Church San Marcos 1370 W. San Marcos Blvd., San Marcos, CA 92078	First Thursday of every month from 12 p.m. – 2 p.m. No appointment required	619-226-7625



The San Diego Food Bank and our North County Food Bank chapter partners with dozens of nonprofit organizations to distribute diapers to families in need throughout San Diego County. Each location has different operating hours, and may have different eligibility criteria to receive diapers.

	North County Food Bank	Monday through Friday, 9 a.m. – 6 p.m., drive-thru distribution until further notice,	858-863-5177
	1445 Engineer Street, Suite 110,	must request diapers, must provide proof of multiple addresses if carpooling,	
	Vista, CA 92081	otherwise, one household per car.	
	St. Andrew's Episcopal Church	Thursday, 2pm-4pm, drive-thru distribution, one household per car, diapers upon	760-214-7550
	890 Balour Dr., Encinitas, CA 92024	request.	
	Escondido Community Child	Temporarily closed due to statewide stay-at-home order.	760-839-9361
	Development Center 819 W. 9th Ave.,		
UNTY	Escondido, CA 92025		
	Foundation Matthew 633, Inc.	Mondays and Fridays from 10 a.m. – 11:30 a.m.	619-253-9951
	1800 N. Broadway, Escondido, CA 92026		
	Interfaith Community Services	Visit our Food Distribution Monday through Friday from 8:00 a.m. to 11:00 a.m. and	760-489-6380
COU	550 W Washington Avenue,	1:00 p.m. to 3:00 p.m. to check for diaper availability. Note: closed for services the	
S A	Escondido, CA 92025	first Friday of each month, closed at 2:30 every other Friday, call for dates.	
ᆫ	Project Manna	Call to start the assessment process, sizes and quantity limited by availability.	760-765-2228
<u>ا</u> کے	2280 E. Valley Pkwy. Ste. 32,		
NOR	Escondido, CA 92027		
	R.A.W. Ministries	Wednesdays from 10 a.m 12:30 p.m. at 256 Smilax Rd., San Marcos.	760-580-0835
	777 W. Felicita Rd., Escondido, CA 92025	Sizes and quantities are limited to availability.	
	The Center (San Diego Christian	Drive-thru distribution (diapers and food) on Sundays	760-707-6681
	Center)	from 11:30 a.m 12:30 p.m.	
	1305 Deodar Rd., Escondido, CA 92026		

This list was last updated on July 31, 2020.